

Wilderness Trips Program

CHALLENGE | PROGRESSION | SUCCESS

In keeping with its character-building focus, O-AT-KA offers an extensive Wilderness Trips Program designed as a progressive program, which provides age-appropriate challenges for each of the different age groups at camp. As campers grow older and more skilled, their skills are put to the test, and each boy can be proud of his accomplishments.

From the youngest boy to the oldest, every camper has the opportunity to learn about himself and his peers in new situations. Our wilderness trips challenge each boy to set and attain goals, to take care of himself and his equipment, and to become the kind of person that others can turn to for support. All campers and staff work collectively with the group, setting up camp, preparing food and cleaning up. Campers sleep overnight in tents and cook on camping stoves and the open fire. Frequently, trips are organized by cabin or unit, and form part of the fabric of the unit experience.

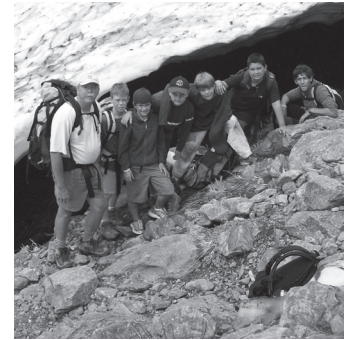
Safety is paramount on all wilderness trips. The equipment provided by O-AT-KA is designed for both comfort and safety. Our certified wilderness trip staff have over 20 years experience in leading trips and outdoor expeditions.

O-AT-KA also offers a culminating trip for the 15-year-old Senior who may be leaving us or entering the C.I.T. program, which includes a two-night, three-day overnight “treat trip” of hiking, swimming and lobster clambake.

O-AT-KA’s expansive Wilderness Trips program sets it apart from other overnight camps. Your son benefits from learning from our highly trained staff and selecting from a wide venue of adventure trip offerings – all included in his tuition!

While these may be great benefits, at O-AT-KA, we feel the most important benefit to your son is his increased sense of self-confidence, his comfort with living in the outdoors, and being in the knowing that he can do it!

For more information about O-AT-KA’s wilderness trips, go to www.campoatka.com and click on Wilderness Trips Program under Special Programs.



The **JUNIOR** Unit enjoys planned trips twice during the summer designed for that age and skill level. Campers in the Junior unit may travel to a nearby State Park, spend the night at our outpost camp at Green Ridge, adjacent to the camp property or to camp-owned Outer Island on Sebago Lake.

All **MIDDLERS** participate in at least one overnight trip while at camp and may include:

- Hiking to the summit of Mt. Kearsarge with views of the Mount Washington Valley.
- Scrambling up and down rocks on the way to the 3000-foot summit of Mount Blue and Tumbledown Mountain.
- Exploring natural waterways including Mother Walker Falls, Frenchman’s Hole Falls, and more!

The overnight trips are more challenging for the **SENIOR** Unit and may include:

- Exploring the coast of Maine by kayak.
- Paddling 20+ miles down the Saco River and around Pleasant Pond.
- Hiking in the 100-mile wilderness along the Appalachian Trail.

